How to avoid OSHA’s top 10 workplace injuries.



The Occupational Safety and Health Administration (OSHA) released a list of 2024’s top safety violations on the jobsite. By understanding these risks and putting simple prevention strategies in place, employers can help create a safer work environment and avoid costly claims. Discover the 10 top workplace injuries and what you can do to help prevent them.

1. **Fall protection**
   Safety tip: Make a fall plan and review it regularly. Get the proper scaffolding, ladders, harnesses, personal protection equipment (PPE), and safety gear for the team. Then, follow these other fall prevention tips.

2. **Hazard communication**
   Safety tip: Ensure all chemicals are clearly labeled and employees are trained to read safety data sheets (SDS).

3. **Control of hazardous energy (lockout/tagout)**
   Safety tip: Use lockout/tagout procedures to protect your crew from the release of hazardous energy from energy sources, like electrical, mechanical, hydraulic, pneumatic, chemical, thermal, and other sources in machines and equipment.

4. **Ladders**
   Safety tip: Inspect ladders for damage before use and never exceed the maximum load rating. Use ladders in their proper fashion.

5. **Respiratory protection**
   Safety tip: Provide the right respirators for the job and make sure they fit and are worn correctly.

Replace old or worn respiratory protection.

6. **Powered industrial trucks**
   Safety tip: Only allow trained/credentialed operators to use forklifts. Inspect equipment daily before operation.

7. **Fall protection training**
   Safety tip: Provide hands-on fall protection safety training and annual refresher courses for all team members. Follow OSHA's fall prevention training guidelines.

8. **Scaffolding**
   Safety tip: Make sure scaffolds are fully planked, properly secured, and inspected before each shift.

9. **Eye and face protection**
   Safety tip: Require and enforce the use of protective eyewear and masking in all high-risk areas, especially where debris or chemicals are present.

10. **Machine guarding**
    Safety tip: Don't bypass or remove machine guards. Keep them in place and routinely check for wear and damage.

When safety comes first, everyone benefits. Learn how you can avoid these top workplace injuries and what other policies can give your business added protection. Talk to a local, independent agent about comprehensive business insurance today.

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